



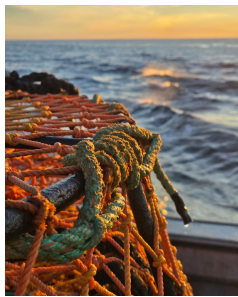
The Abegweit Update

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KEEPING OUR COMMUNITY INFORMED

June 2026

Fisheries Update



Our spring commercial fishing season brought a mix of safe operations and distinct environmental challenges. The commercial snow crab fishery was a tremendous success, with all community crews maintaining an exemplary safety record and landing 100% of our communal quota.

While the lobster season presented significant island-wide obstacles, including volatile market prices and poor weather, our crews adapted quickly to the conditions. Despite a generally low-yielding year across Prince Edward Island, Abegweit captains and crews maximized every single window of opportunity with exceptional efficiency and determination. The Fisheries Department is incredibly proud of our fleet's hard work and perseverance under these tough constraints, and we continue to actively track these regional trends to protect our communal interests and strengthen our operations for the seasons ahead.

Photos courtesy of Shannon Labobe

Community Recreation Centre Update



Fitzgerald & Snow began the initial groundwork of the Community Recreation Centre at the end of June. This project will be a major expansion to the existing Abegweit Connects building that develops a multi-use community space that houses an Olympic-sized gymnasium, walking track, weight/fitness room, cultural room, community-commercial kitchen, and offices and meeting space. The multi-use space will enhance opportunities for community members, neighbouring communities, and the greater public through events, programs and services.

AFN Mawio'mi 2026



The 27th Annual Abegweit First Nation Mawio'mi was this month and it was a huge success over two days.

The weather wasn't the best but that didn't stop everyone from enjoying the celebration. Thank you to everyone for their hard work and support to make this event possible every year.





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Health Update

Accreditation:

The Abegweit First Nation Wellness Centre is proud to announce that we have successfully completed our Accreditation process, achieving Accreditation with Exemplary Standing, the highest level of accreditation awarded in Canada. This accomplishment recognizes our community to delivering safe, high-quality healthcare and reflects the dedication and hard work of our entire team. We are incredibly proud of this achievement and remain committed to continuously improving our services to ensure the best possible care for the people of Abegweit First Nation.



Elders:

June was a busy month for our Elders! Activities included Elder Bingo with educational sessions on Elder Abuse awareness and Health & Fitness, an Elder Moccasin Session where participants continued their beautiful beadwork, a raised bed gardening workshop, and a fun 8-pointed star painting session that encouraged creativity and connection.



Migraine & Chronic Pain Lunch and Learn:

We welcomed guest speaker Ainsley Mackinnon, chiropractor, who delivered an informative presentation on migraine management and chronic pain. Participants learned practical strategies for managing pain and improving their overall well-being while enjoying lunch together.



Father's Day Breakfast:

We celebrated the fathers and father figures in our community with a Father's Day Breakfast. Community members enjoyed a delicious meal together, along with gifts and door prizes to recognize and thank them for all they do.



Little Buds:

Our Little Buds group focused on toddler safety this month and also took part in ribbon skirt and ribbon shirt sessions to help prepare for Powwow. The children enjoyed learning about these cultural teachings while creating regalia they could proudly wear.



Women's Group:

Our Women's Group continued working on their apron sewing project and gathered for a lunch and discussion to share ideas and provide input on activities and programming they'd like to see offered throughout the summer months.



Learn to Run Program:

Our Learn to Run Program continued this month with excellent participation as community members worked toward their goal of completing a 5 km run. It has been wonderful to see everyone supporting and encouraging one another throughout their training.