

Abegweit Update

May 13, 2020



Chief's Message



I am proud to be the Chief of such an amazing community and hope that everyone had a wonderful Mother's Day this past weekend! Your leadership appreciates your continued understanding and strength as we navigate these times together. With everything going on, I would like to send a special thanks to all of our nurses and nurse practitioners during National Nursing Week.

I would also like to let everyone know that with the provincial measures relaxing and Abegweit's state of emergency scheduled to end on May 31st, we are considering the reopening our administration offices on June 1st. More information will be shared on this as we continue forward together.

Honouring an Elder

This week we would like to honour Donna Gould, who was born on April 17, 1947 and spent 54 wonderful years with her sweetheart, the late Roddy Gould Sr.



Donna's children include Lloyd, Deb, Junior, Joseph, and Gerard. She is an extremely loving grandmother to 15 and great-grandmother to another 15.

If she's not spending time with her family, doing a puzzle, or enjoying a great laugh, you may find 'Gram' watching some sports, especially if her Boston Bruins or Red Sox are playing.

From everyone in the Abegweit community, Welalin Donna!

Abegweit Social Support

For any families or individuals that are currently on social support and have questions - or for those that are looking to apply for social support - please contact Kateri Coode to setup an appointment by phone or email at:

902-388-5284 or kcoode@abegwiet.ca

Recycling Reminder

We'd like to remind all of our community members to please continue sorting all of your recycling! It's important to us all and our Mother Earth.

Please see the attached sheets for more information on recycling and sorting.



CERB & Seasonal Workers on EI

For any of our seasonal workers, if you're on EI and it has run out, you can apply for the Canada Emergency Response Benefit (CERB). Once you start a new job, this benefit must be cut off. This benefit **has to be reapplied to for each month** you are on it. For more information or to apply, visit canada.ca or call Linda Fraser at 902-940-3869

AFN Mi'kmaq Wellness Centre Updates

Mental Wellness Team - Our clinicians are still available for phone appointments on weekdays from 8am-4pm. To set up an appointment, call:

Justin 902-388-1150 or Shannis 902-393-3578

--- *In-case of an emergency, please call 911* ---

Dr. Armstrong - will be holding an afternoon clinic on May 14 from 1-4pm.

Dr. Schneider, Psychiatrist - clinics will be held for the full day of May 14, but all appointments are full.

Due to COVID restrictions, both will be doing as many appointments by telephone as possible.

Text Crissy at 902-628-5405 to make a *May 14th* appointment with Dr. Armstrong **or** to add your name to Dr. Schneider's clinic *next month*.

Final Weekly Rez Bingo



Your voices have been heard! The Chief's Rez Bingo will continue, but games will now be held every two weeks. Let us know if you need cards for tonight & good luck to all!

The next bingo game will be held on May 27th.