





Table of Contents

CCP Logo Design	3
Our Planning Process	3
Why is a CCP important for Abegweit First Nation	3
Fast Facts	4
Community Goals	5
Abegweit First Nation – Our Mi’kmaq Community, Our Land	6
Vision Statement	7
Mission Statement	7
Our Community Timeline	8
Our Initiatives	9-11
Our Assets, Programs & Services 2018	12
Housing & Infrastructure Development	13
Community & Culture	14
Lands & Resources	15
Governance	16
Economy & Education	17
Health & Wellness	18
Our Next Steps	19
Implementation Framework for Goals & Strategic Direction	20-21
Monitoring & Evaluation	21
Amendment Process & CCP Process	21

Comprehensive Community Plan 2018

CCP Logo Design

When we started the planning process in 2016, we wanted to have a logo developed for our Comprehensive Community Plan. The Abegweit First Nation Comprehensive Community Plan logo includes the four sacred colors, the four directions, our sacred water, the roots of our community and culture, and the growth and development our Abegweit First Nation. Our community includes vast natural resources, culture and community economic development. We wanted a logo that represented the growth and culture of our community. Mi'kmaq artist and Abegweit band member Jared Sark designed this logo to represent this vision.


Our Planning Process

Our Comprehensive Community Planning process was developed by community members, for community members. Our planning process started in 2016. Since this time, we have conducted community surveys, community engagement sessions, open houses and celebrations for the CCP. We wanted to know what the community envisioned for future generations. This CCP process was intended as a way to document the community needs and wishes in order to plan for the future they envisioned. This document is a representation of this engagement with the community.

Why is a CCP important for Abegweit First Nation

Comprehensive community planning is holistic view of our community and what our future plans are. It is comprehensive in nature, as it takes every aspect of our community into consideration when looking at our future. The CCP enables us to identify what we want for our family, children, grandchildren and community as a whole.

Community engagement has been an intricate part of developing our CCP. Our vision provides the basis for all goals and strategic directions outlined in this plan. This plan will assist in accomplishing the goals identified. As times change, so do we. This document will be a living document for our community. It will be updated, monitored and evaluated by our community. This document is owned by our community.



25 - 50 years from now...

- ...how do you see our community?
- ...what is different, what remains the same?
- ...how do you see our land?
- ...how do you see our people live and interact together?
- ...what activities are people engaged in?

How can you be involved?

- ★ Attend community CCP sessions
- ★ Share your opinion
- ★ Encourage others to be involved
- ★ Give suggestions on how to improve
- ★ Read updates
- ★ Complete CCP surveys
- ★ Put personal issues aside
- ★ Suggest solutions of how to better your FN

What is a community plan?

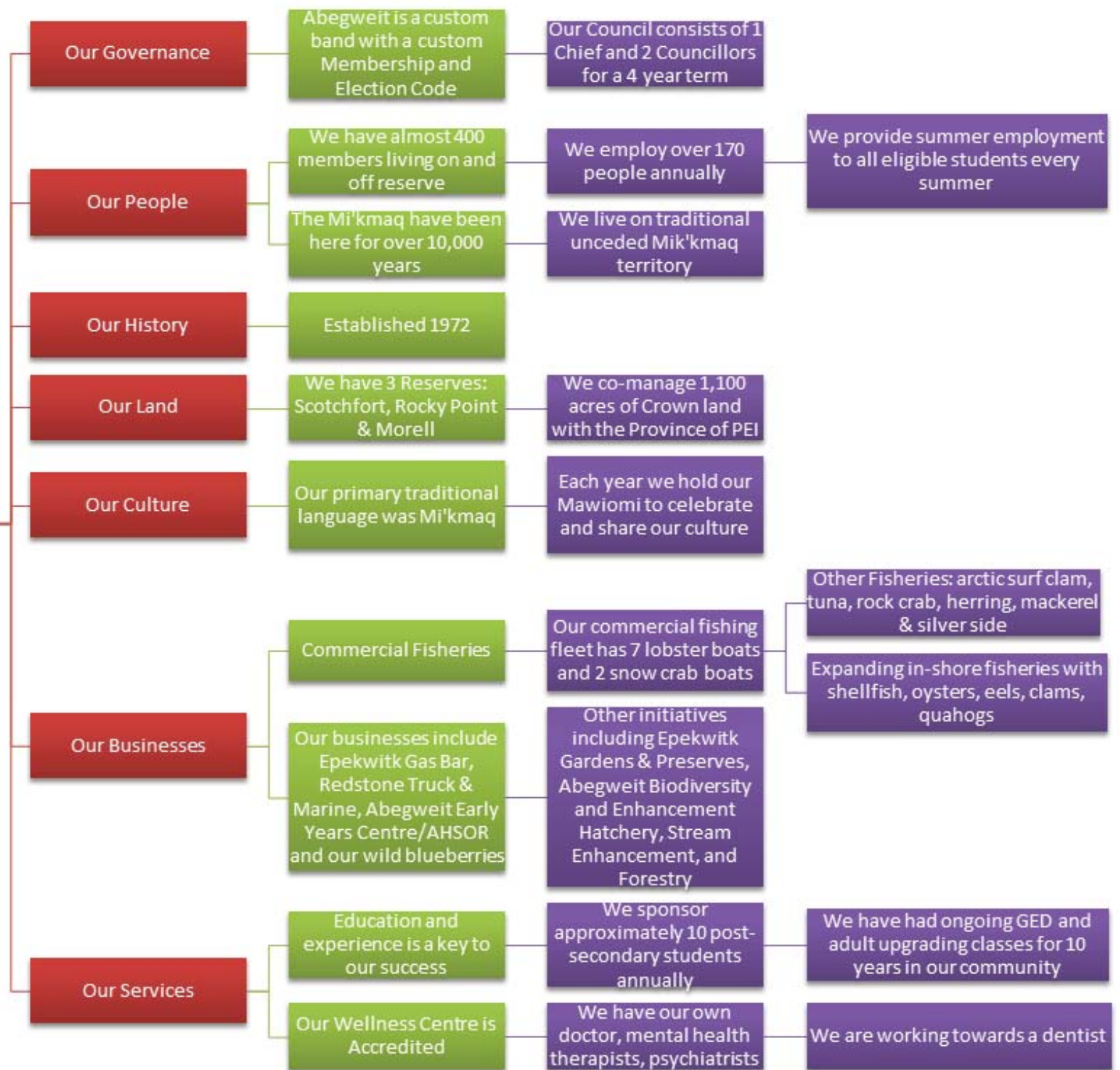
- ★ It is a roadmap for the future of the community.
- ★ It is "comprehensive" because it includes all key aspects of the community (governance, land and resources, health, infrastructure development, culture, social issues, and the economy.)
- ★ It is a "community plan" because it is community driven and community owned.

If you want to learn more or share your ideas, please contact:

John Ryan Francis,
CCP Coordinator
at (902)388-1555
or email jrfrancis@abegweit.ca



Fast Facts



Community Goals

Housing & Infrastructure Development

1. Provide environmentally sustainable housing that reflects the needs of our community members.
2. Maintain and increase quality of community infrastructure.
3. Develop appropriate facilities in the community that promote wellbeing and support cultural, educational and economical goals.

Culture & Community

4. Promote a united community spirit grounded in healing, communication and engagement in the community.
5. Develop and promote culture through learning experiences and celebration.

Lands & Resources

6. Be leaders in environmental stewardship for Prince Edward Island.
7. Continue to support community involvement in sustainable natural resources initiatives.
8. Develop our sustainable community resources.
9. Increase land management capacity.

Governance

10. Promote informed community-based decision making.
11. Increase inclusiveness of band members.
12. Develop comprehensive plans and codes that reflect the current needs of the community.

Economy & Education

13. Develop local lands and infrastructure for economic development.
14. Promote education and capacity in community members and staff.
15. Engage in viable economic development opportunities.

Health & Wellness

16. Promote community education and capacity regarding healing and mental wellness.
17. Strengthen the community's mental health and addictions service delivery capacity.
18. Strengthen the community's chronic disease prevention and management capacity.
19. Build upon the success of accreditation in order to strengthen the quality of existing programs and services.





Abegweit First Nation – Our Mi'kmaq Community, Our Land

The Mi'kmaq have been here for at least 10,000 years. Although the French and English settlers arrived in the early 1700s and engaged the Mi'kmaq in peace and friendship treaties, the Mi'kmaq did not give up the lands and the Prince Edward Island is considered unceded Mi'kmaq territory. The name Abegweit is the widely known Anglicization of Epekwitk, the original word taken from the Mi'kmaq language for Prince Edward Island. Abegweit First Nation is headquartered at Scotchfort, known as Skaqmk. This is the location of a historic Mi'kmaq

Abegweit First Nation was established in 1972. It is comprised of three reserves: Morell, Scotchfort and Rocky Point, which are all separated geographically. The distance between communities:

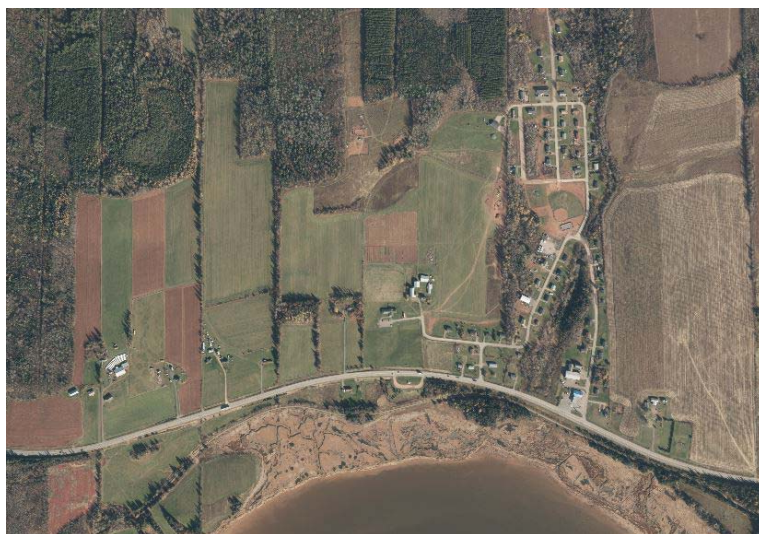
Rocky Point to Morell = 98 km

Scotchfort to Morell = 31 km

Rocky Point to Scotchfort = 67 km

Although the Reserve boundaries of Morell, Rocky Point and Scotchfort share a number of corporate community assets and funding arrangements with various federal government departments are administered on behalf of the community membership through the Band Administration Office at Scotchfort Reserve.

Abegweit is a proactive, forward thinking First Nation and believes that sustainable economic ventures hold the key to self-reliance and self-determination. The Chief and Council of Abegweit First Nation remains sensitive to the reality of climate change and the potential for a resulting devastating effect on the First Nations lands and on the already fragile environment. A great focus has been given in the media and throughout the community to the already apparent changes having an effect on the fishery, agriculture and even avian environments.



Abegweit First Nation consists of three reserves which total approximately 200 hectares and also jointly holds fee simple acreage in Bonshaw. Scotchfort is the hub of the Nation where the offices, businesses and residential homes are located. Rocky Point and Morell are primarily residential communities.

Scotchfort and Morell are located north east of Charlottetown. Scotchfort reserve is currently made up of 83 hectares, while Morell has 113 hectares. Rocky Point has the smallest land mass of the three communities with only 4.78 hectares, which is completely occupied with the need for future expansion and development. Rocky Point is located south of the Charlottetown harbour.



Vision – Where we want to be...

Developing a self-sufficient community together, with a healthy, educated attitude by promoting prosperity and sustainable resource development through partnerships, innovation, and one voice, Ours!

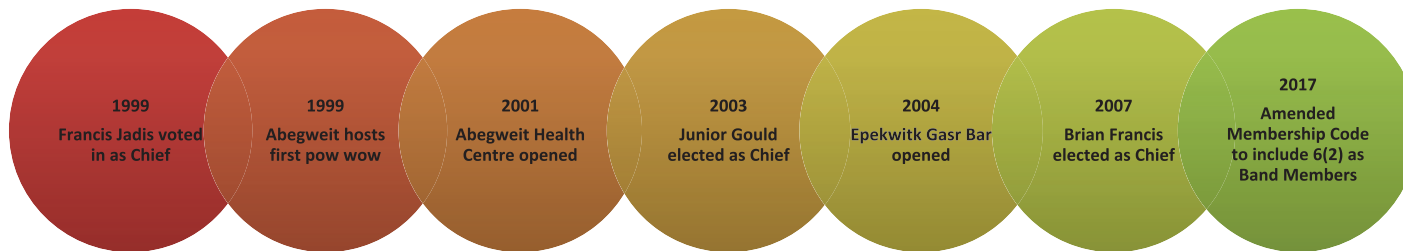
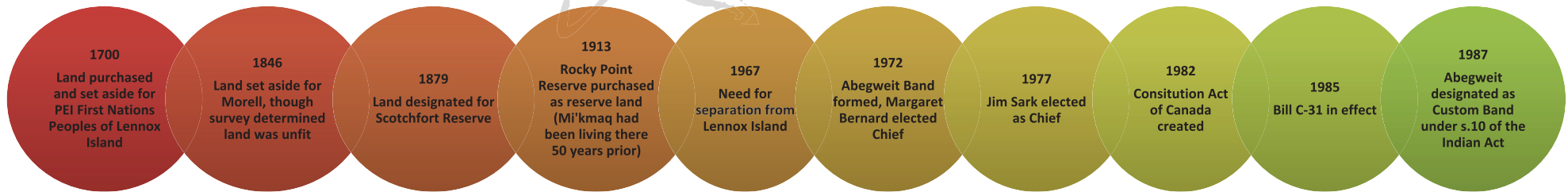


Mission – How we do it...

Advancing the Abegweit First Nation, socially, culturally and economically using a holistic approach through education and partnerships. Applying a fair and equitable approach to everything we do and creating a healthy and safe environment.

Our Community Timeline

Abegweit First Nation



Our Initiatives

Lands & Resources



Abegweit Biodiversity Enhancement Hatchery

Launched in 2012, the Abegweit Biodiversity Enhancement Hatchery raises indigenous fish species to restock Island rivers. This important work stems from a critical element of Mi'kmaq culture – the obligation to give back to the environment. The hatchery also plays an educational role to ensure that the younger generations are aware of the importance of the Island fishery and the role each of us can play in preserving it.

The Abegweit Biodiversity Enhancement Hatchery, the Island's only hatchery that has a restocking program operates under the Abegweit First Nation Fisheries and Natural Resources program. Currently, brook trout and Atlantic salmon are raised at the facility, which is located in Scotchfort, Prince Edward Island. Atlantic salmon is culturally significant to the Mi'kmaq community and is often used in ceremonial rites.

The Abegweit Biodiversity Enhancement Hatchery was created to fill a gap when a previous hatchery stopped producing fish for stocking rivers. Its primary goal is to enhance the Island's recreational fishery, which draws in tourists and contributes more than \$7 million to the Island economy.

Abegweit Conservation Society

The Abegweit Conservation Society is a collective of passionate individuals dedicated to the beauty and health of Prince Edward Island. We boast a strong conservation ethic and work tirelessly to integrate this ethic into Island consciousness. The Society values and nurtures the natural interconnections between land, sea and air. We develop, implement and support preservation, protection and enhancement programs to benefit our cherished land.

An arm of the Abegweit First Nation, the Abegweit Conservation Society is a Canadian registered charity focused on the protection and conservation of Prince Edward Island's natural resources. Founded on a 10,000-year Aboriginal history of nurturing our land, water and air, we empower Islanders and Island communities to steward our precious environments. For millennia, nature was a one-stop shop for our people – our pharmacy, our clothing store, our supermarket. Although most Islanders no longer source what we need directly from our environments, our need to sustain and protect them remains strong – not only for ourselves but those who will come after us.



Through the efforts of the Abegweit Conservation Society, an overarching body reflecting the interconnected nature of the environment, all Islanders benefit from the strong cultural ties between the Mi'kmaq people and nature and from the traditional knowledge collected through the generations. While we greatly value the traditional wisdom of our ancestors, we also realize the incredible worth of science in our work. That's why we insist on an ecosystem approach to conservation. Stewardship is a frame of mind. Together we can change our collective perspective on nurturing, protecting and enhancing our environments for future generations.

Forestry

Today, some 16,000 Aboriginal people are engaged in every aspect of our country's forestry sector. Under the Government of Canada's Aboriginal Forestry Initiative (AFI), we are enhancing Aboriginal participation in the competitive and sustainable transformation of Canada's forests. Through its Canadian Forest Service, Natural Resources Canada leads this initiative that links 15 government departments and regional agencies and empowers Aboriginal entrepreneurs in the forest sector, largely through facilitating knowledge exchange and coordination of federal and other support to Aboriginal forestry projects and partnerships.

Aspects of our forestry work include: sustainable harvesting, medicinal remedies, ecotourism, and promotion of non-timber forest products (e.g., maple syrup). We also co-manage 800 acres of woodland in partnership with the PEI Department of Communities, Land and Environment.



Communal Commercial Fisheries

In 1999 the Supreme Court of Canada affirmed that historic treaties justified commercial fishing rights in the Maritimes and the Federal government made boats and licenses available. At this time, most of our fishing crews were starting with no experience. Since that time, Abegweit's commercial fishery has operated just under 10 lobster vessels and 2 snow crab vessels and currently operates with an all Indigenous crew. The commercial fishery works to create revenue for crew and the community and has provided hundreds of jobs. Other species in the commercial fishery include fish crab, tuna, mackerel, silversides, softshell clams, and oysters, with more species to come.

Epekwitk Gardens & Preserves (social enterprise)

In 2016, Abegweit First Nation started Epekwitk Gardens & Preserves with the help and guidance of Stephen Cousins (The Shephards Farm), as a way of getting back to our roots and nature. This two-fold venture was started to provide the community with a garden to call its own and also to establish a garden for commercial purposes.

Our gardens host a variety of fruits and vegetables including strawberries, raspberries, cucumber, tomatoes, rhubarb, yellow beans, carrots, potatoes, cauliflower, salad greens, broccoli, sweet corn, thyme, rosemary, basil, oregano sage, scallions, chives, onion, garlic, bay leaves, and cilantro, to name a few! We hope to establish commercial garden which provides revenue to support other related projects such as dinners, selling jam and produce. Our established community garden will help to promote ownership, responsibility and health and wellness in the community, as well as increase knowledge in the community in farming, agriculture and the food and tourism industry. We also intend on building formal partnerships for increasing commercial opportunities.

Community Blueberry Fields

Each summer, Abegweit First Nation harvests approximately 20 of our 40 acres of wild blueberry fields. Abegweit has been in the wild blueberry industry for years with the tradition of our elders travelling around the Maritimes and Maine's wild blueberry area to help with the harvest. The wild blueberry is a powerful antioxidant. Wild blueberries have more antioxidants than regular blueberries which makes the wild blueberry an extremely healthy fruit. The wild blueberry farm provides work for approximately 30 people who hand rake for three weeks during the harvest season. The wild blueberry operation is presently under review in order with the hopes of value added in the future.



Economy



Epekwitk Gas Bar

The Epekwitk Gas Bar opened its doors on June 28th, 2004. The key to our success is our clean store, great location, unbeatable gas and tobacco prices and our friendly staff. The Gas Bar offers a wide variety of services and products to our customers. In our store we have a Robins Donuts coffee shop with fresh baked goods and fresh hot coffee. Our fully stocked convenience store includes lottery, magazines, subs and sandwiches, groceries and many snack items. At our gas bar we also have a wide selection of crafts. The crafts are hand made locally and make a great gift for any occasion. Epekwitk Gas Bar is located on Route 2 east in Scotchfort, PEI.

Early Years Centre

Abegweit First Nation is pleased to offer childcare services in our Mi'kmaq community of Scotchfort. The Abegweit First Nation Early Years Centre is a provincially licensed centre offering a high quality early learning environment for children ages 0 - 5 years. Childcare is one of the most important aspects of a child's early years. It is in these early years that support, development and learning are key in regards to getting a child off to a good start in life and their education journey. We strive to offer premium childcare services to all community members within a safe and healthy environment, while encompassing our culture, Mi'kmaq language, values and beliefs in the education of our children.

Redstone Truck & Marine

Redstone Truck & Marine services and repairs diesel trucks and marine vessels, specializing in heavy trucks and diesel engine tune ups, repairs and inspections. Redstone Auto & Marine is located off of Route 2 in Scotchfort, behind the Epekwitk Gas Bar at 22 Redstone Drive.



Community & Culture



Annual Mawiomi and Cultural Grounds

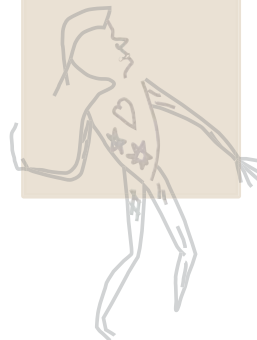
Every June, Abegweit First Nation hosts our Annual Mawiomi at our cultural grounds located in Scotchfort. Hundreds of people gather for this Mawiomi each summer from all over Turtle Island. This cultural event is a staple for showcasing our community and culture to all who attend. This event is open to the public and people are encouraged to attend.

We host a number of cultural ceremonies on our cultural grounds and hope to expand the area with walking trails adjacent to the grounds.

Our Assets, Programs & Services 2018

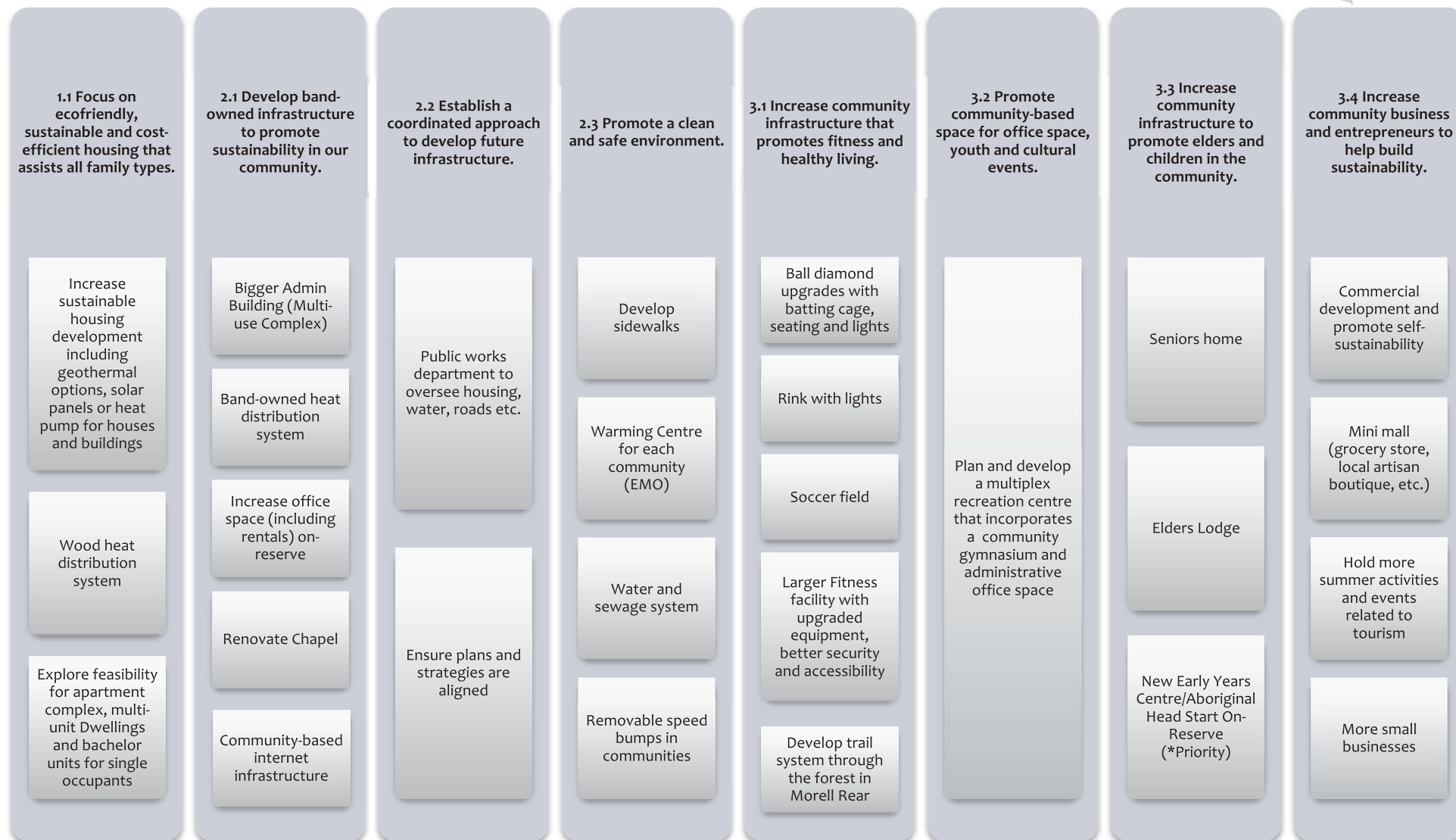


Health & Wellness	Community & Culture	Natural Resources	Education	Employment (ASETS)	Economic Development, Infrastructure & Housing	Social	Governance
<ul style="list-style-type: none"> • Community Health Representative • Accredited Wellness Centre • Family Physician • Community Supports • Medical Carriers • Health Information Sessions • Elder Support • Certified Diabetes Educator • Registered Nurse • Flu Clinics • Immunization • Blood Collection • Blood Pressure Checks • Women & Men Health Days • Weigh-Ins with Dietitian • Exercise Challenges and Yoga • Fitness and Active Living • Speech Language Pathology, Occupational Therapists and Physiotherapists Referrals • Healthy Eating Program • Home Care Worker • In-Home Care • Child Development Team • Play Groups – PRIDE Program • Oral Health • Maternal Health • Addictions Workers • AA meetings • Clinician • Psychiatrist • Addictions Supports • Maternal Child Care 	<ul style="list-style-type: none"> • Mi'kmaq Language Group • Youth Groups • Aboriginal Sport Circle • Youth Workers • Magic Mountain trip (annual) • Summer and Christmas bonuses • Community Christmas party • Family Violence Prevention sessions • Heat and light subsidies for elders • Mi'kmaq School Curriculum • Drum Groups • Mawioimi Building and Cultural Grounds • Sweat Lodges • Traditional Crafts • Traditional Medicines • Aboriginal Justice Circles 	<ul style="list-style-type: none"> • Snow Crab Fisheries • Lobster Fisheries • Arctic Surf Clam Fisheries • Other Fisheries include tuna, rock crab, herring, mackerel, silver side, etc. • Expanding in-shore fisheries with shellfish, eels, clams, quahogs – have licenses and quotas • Stream-Enhancement Program • Silva Culture • Co-manage 1,100 acres of Crown Land with Provincial Forestry • Lumber, pulp, Christmas wreaths • Aboriginal Fishing Strategy • Tank House at the wharf for lobster storage • Aquaculture: Hatchery in Scotchfort for restocking eggs to year-of-the-young and back into the river (Brook trout and Atlantic salmon) • Eco-Tourism Opportunities • Abegweit Conservation Society and projects • Scallop Aquaculture • Various species of food fish for the community • Oyster aquaculture • Recirculating Aquaculture System • Green house • Upgrade onshore properties, bait sheds, barns 	<ul style="list-style-type: none"> • Early Years Centre (Scotchfort) • School bus (Scotchfort) • Van (Rocky Point) • Education Assessments • Aboriginal Educational Liaison • Curriculum Development Committee • Education Transition Team Committee • Education Sessions • Aboriginal Diversity Specialist (Province) • Homework Club • Tuition Agreement • Resource Workers in Schools (Mount Stewart, Morell) • Post-Secondary Financial Support • School Supplies Allowance • Graduation Incentives • Post-Secondary Supports • Daycare Subsidies • Youth Workers • Information Sharing Agreement with Province 	<ul style="list-style-type: none"> • GED Program • Summer Youth Employment • MCPEI ASETS Employment Counsellor • Abegweit Youth Environmental Services • Employment Skills • Links with employers • Job shadowing opportunities • Access to Equipment and Training • Link with Service Canada • Partners in Employment • Summer jobs provided for every eligible student 	<ul style="list-style-type: none"> • Mawioimi Building and Pow Wow Grounds • Wellness Centre • RCMP Office & Officer • New housing subdivision • Rink • Basketball court • New pump house • New water tower • Administration building with solar panels • Transportation Van (Scotchfort) • New playground facilities (Morell) • Church (Scotchfort) • Roads: Building, clearing snow, maintenance • Community Gardens • Epekwitk Gas Bar • Redstone Truck & Marine • Blueberry Fields • Ongoing extensive housing repairs • Housing Policy <p><u>• Other Businesses:</u></p> <ul style="list-style-type: none"> • Hairdresser • Fitness – Certified Personal Trainer • Mi'kmaq Artisans (traditional and modern) in the community • Indigneous Crafts (sold at the Gas Bar and at locations across PEI) 	<ul style="list-style-type: none"> • Family Support Workers • Family Group Counsellor Coordinator • Supports for children and families • Play Groups • Host information sessions • Family Resource Centre in Scotchfort • Family Group Counselling • Financial Help • Youth Groups and Programming • Men's Group • Dolly Parton Imagination Library • Referrals to outside resources • Link with Aboriginal Justice Program • Link with Addictions Services 	<ul style="list-style-type: none"> • Communication: Community meetings, Engagement sessions, Newsletters • Annual Reports • Annual Audit meetings • Website & Social Media • Operations Manual (Gas Bar) • Custom Election Code • Custom Membership Code • Personnel Policy • Housing Policy • Finance Policy • Post-Secondary Education Policy • Social Development Policy



Housing & Infrastructure Development

1. Provide environmentally sustainable housing that reflects the needs of our community members.
2. Maintain and increase quality of community infrastructure.
3. Develop appropriate facilities in the community that promote wellbeing and support cultural, educational and economical goals



Quick Starts:

- Mawiomi Building expansion
- Basic home maintenance course



"The Gas Bar is greatly valued and would love to see it expanded."

Community & Culture

4. Promote a united community spirit grounded in healing, communication and engagement in the community.
5. Develop and promote culture through learning experiences and celebration.



4.1 Increase opportunities for healing and unity

Promote lateral kindness teachings

Increase community engagement and involvement

Develop and implement communications framework

Promote family violence prevention in the communities

5.1 Increase cultural gatherings and events in the community.

Cultural lodge with Wigwams for events, conferences, gatherings, retreats (teach culture to our people and others, promote economic development, convention centre for events in the area)

Cultural cooking class

Designated Sacred Grounds

Cemetery

Celebrate our communities and culture

5.2 Promote cultural teachings in arts, language, medicines and who we are.

Promote Mi'kmaq artists

Culture and language incorporated in community classes, programs, schools, and mainstreams

More drumming and Regalia making for all Youth

Hold naming ceremonies

Artistic community projects and teachings

Honour past political leaders, residential school survivors and veterans

Increase cultural educational material and experiences

Encourage traditional teachings from our Elders

5.3 Promote experiential and learning experiences to build a sustainable community.

Develop a cultural tourism plan

Cultural tours, activities and campground (Harvest Host options)

Coordinate with local Parks Canada sites to promote our culture

Park for Rocky Point

Medicine Trails and Tours

Walking trails with memorial plaques

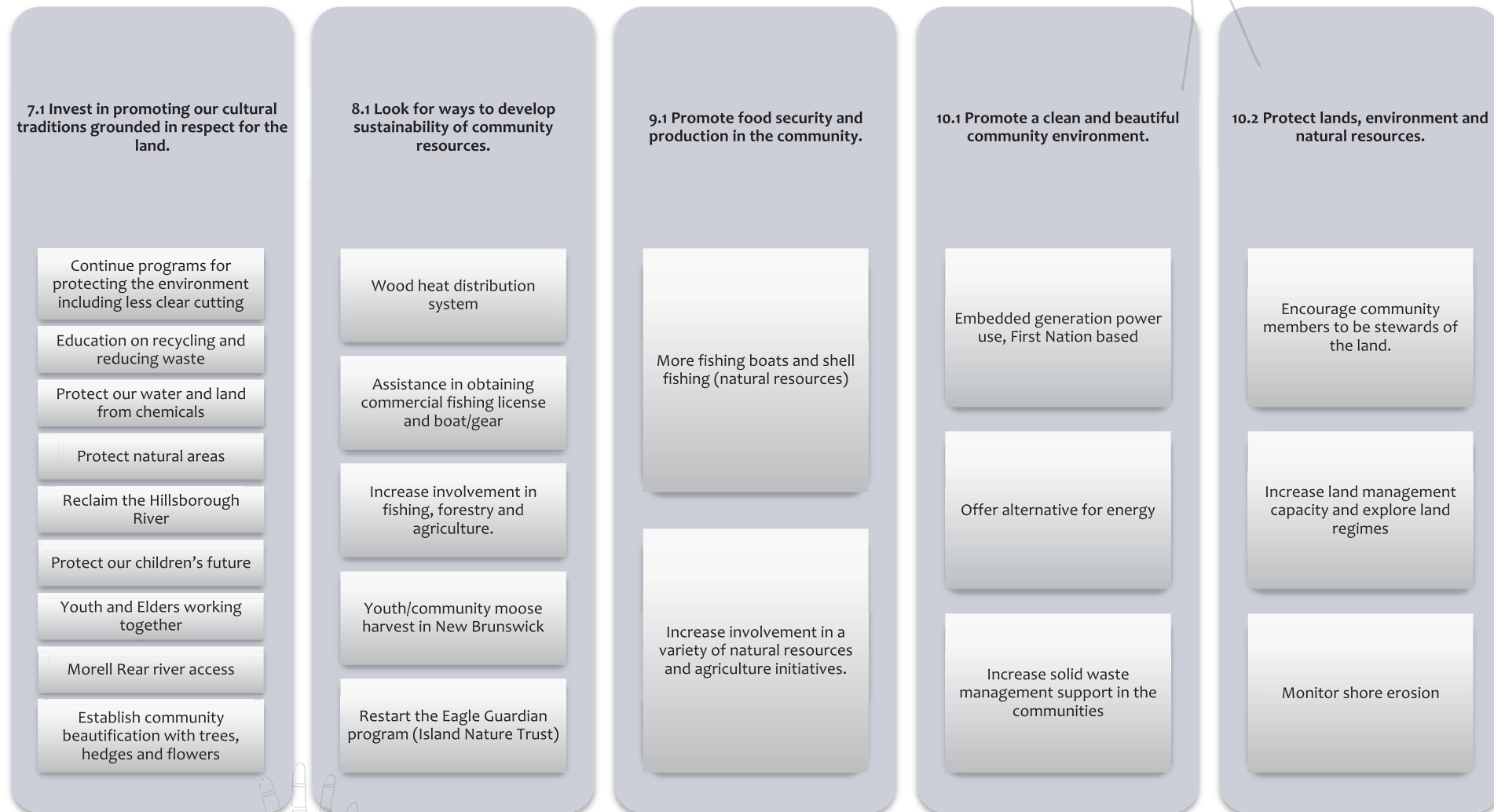


Quick Starts:

- Updated list of current programs available to people including descriptions (all areas)
- Community Sweat Lodge
- Sweat Lodge Keeper

Lands & Resources

6. Be leaders in environmental stewardship for Prince Edward Island.
7. Continue to support community involvement in sustainable natural resources initiatives.
8. Develop our sustainable community resources.
9. Increase land management capacity.



Quick Starts:

- Flowers and gardens around houses
- Land Use Plan in process

Governance

10. Promote informed community-based decision making.
11. Increase inclusiveness of band members.
12. Develop comprehensive plans and codes that reflect the current needs of the community.



11.1 Establish governance practices that promote continued fair and accountable leadership.

- Update Election Code
- Annual Strategic Operational Plan for projects, programs and businesses
- Accountability Framework with updated organizational chart
- Ongoing Comprehensive Community Plan
- Develop Business Continuity Plan
- Comprehensive Emergency Measures Operations Manual
- Alignment of plans with regional and national strategies and visions
- Promote personal and professional development of staff.
- Emphasis on educated staff with appropriate experience

12.1 Increase understanding and engagement of community members.

- Increase community involvement (volunteers, community engagement, etc)
- Promote traditional ways of socializing (gift giving to Godparents on New Year's Day, visiting face to face)
- Promote traditional ways rooted in respect for all
- Develop a Youth Council
- Communications framework to enhance effective communications

13.1 Encourage education on governance in our nation.

- Maintain community decision-making processes
- Promote continued educated, fair, accountable leadership
- Increase inclusiveness and support for Band Members
- Increased support for Band Members
- Matrimonial Real Property Law education
- Land use training



Quick Starts:

- 2017 Membership Code
- 2018 Communications Framework
- 2018 Housing Policy
- 2018 Social Development Policy

Economy & Education

13. Develop local lands and infrastructure for economic development.
14. Promote education and capacity in community members and staff to promote self-sustainability.
15. Engage in viable economic development opportunities.

14.1 Develop land and infrastructure in our communities.

Increase land-base for Rocky Point

Invest in Renewable Energy

Options for unoccupied land

Access to forestry lumber for band projects

Explore the viability of community windmills

Increase use and investment of renewable resources and energy

Expand our Community Garden and agriculture business

Explore Industrial Hemp opportunities

Gaming establishment

Gas Bar for Rocky Point

Develop Morell Rear forest for Morell River access

15.1 Promote education and capacity building as a cornerstone to success.

Build natural and human resources in our community to promote self-sustainability

Continue to provide school liaison & transportation

Additional life skills programs

Mi'kmaq immersion at the Daycare

Focus on learning disabilities programs and education

Continue to increase secondary & post-secondary education supports

Holland College Pathways program

Training on positive communication

Career fairs

Continue GED and upgrading programs

Continue summer employment opportunities

15.2 Increase professional services in our community.

Work towards bilingual staff in the community (Mi'kmaq/English)

Transportation options

A bus for the daycare to pick-up/drop off and for field trips

A library where community members can access books about our culture and more

Debt Consolidation with Financial Advisor for private meetings and group sessions

16.1 Expand community gardens and fishing industry.

Classes on how to grow and preserve the food that is grown

Food security and production in the community

Learn how to store food over winter traditionally

Job Coaches

More community members having the necessary skills to manage our businesses

Expand the blueberry industry

Keep Fisheries going strong

Develop recreational fishing opportunities

16.2 Increase self-efficiency.

Self-Sustaining Community with employment opportunities for all

Helping one another, as well as teaching

More youth to move onto Post-Secondary Education

Decrease dependence on social assistance

More jobs in the community

More full-time job opportunities for Band Members

Multi-Pronged systematic approach to Economic Development including the Youth

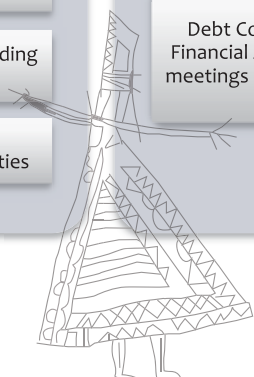
More skills training in the community

Short courses offered on management, leadership, tourism, business planning

Provide mentorship opportunities

Public transportation services

Eliminate Lateral Violence



Health & Wellness

16. Promote community education and capacity regarding healing and mental wellness.
17. Strengthen the community's mental health and addictions service delivery capacity
18. Strengthen the community's chronic disease prevention and management capacity
19. Build upon the success of accreditation in order to strengthen the quality of existing programs and services



17.1 Develop community-based resources that encourage and support health and well-being for individuals and families.

Increase healthy community connections

A space for gym and fitness programs in Rocky Point and Morell

Activities planned for each community

Walking trails in each community

Community understanding the impacts of systemic discrimination and how it continues to affect our community (increase programming for healing)

18.1 Increase knowledge on health and mental wellness.

Promote mental health options in the community

Positive parenting classes and support services for new parents

Teach our youth about safe and healthy lifestyle options

Incorporate the 7 sacred teachings in our culture

Increase Mental Health programming

Support families faced with challenges around well-being (including parenting, addictions, finances, and illness)

19.1 Increase disease prevention and healthy options

Continue to support community grown healthy foods

More physical activities and services for Elders

Establish a critical incident response team

Promote active living and access to recreational activities.

Provide increased access to healthy foods.

20.1 Sustain and build upon community-based health services.

Adult living centre (for seniors and people who require care)

Addictions Center

Strengthen addictions support and understanding

Dentist (potential quick start)*

Increase Aboriginal employees

Increase visiting to elders

More trainers for physical fitness

Secure resources needed to expand programs and services, including infrastructure and information technology

"Our doctor and Health Center have been great, keep the programs going"



Quick Starts:

- Counsellors for mental health
- Initiatives aimed at children's health
- Improved transportation for medical appointments
- Health awareness events

Our Next Steps

While we continue to work on various aspects of these goals and objectives, we have outlined the following priority areas for the next 3-5 years



Infrastructure Development

- Band-owned central heat distribution system in Scotchfort
- Renovate Chapel in Scotchfort
- Clean out gully in Scotchfort
- Removable speedbumps in Scotchfort
- Fix roads in all three communities (where required)
- Ensure infrastructure plans and strategies are aligned
- Look into geothermal options for building and homes
- Increase office spaces in the community
- Establish a new Early Years Centre/Aboriginal Head Start on Reserve
- Increase commercial development and promote self-sustainability
- Hold more summer activities and events related to tourism
- Promote Mi'kmaq artists
- Develop trail system through the forest and Morell Rear

Community & Culture

- Increase cultural educational materials and experiences
- Veterans memorial
- Encourage traditional teachings from our Elders
- More harvesting, ceremonies and teachings
- Develop a cultural tourism plan
- Coordinate with local Parks Canada sites to promote
- Develop medicine trails and walking tours
- Walking trails with memorial plaques
- Increase language teachings including classes, signage and learning materials
- Increase and promote Mi'kmaq curriculum
- Information articles or pamphlets on basic cultural traditions
- Celebrate our communities and culture

Lands & Resources

- Education on recycling and reducing waste
- Youth and Elders working together
- Morell River access and walking path
- More fishing boats and shell fishing
- Increase access to Hillsborough River and Morell River
- Encourage community to be stewards of the land
- Increase land management capacity and explore regimes
- Increase involvement in fishing, forestry and agriculture
- Offer alternative for energy
- Increase solid waste management support in communities
- Continue programs for protecting the environment

Governance


- Increase inclusiveness of band members
- MRP education for community members
- Land use training
- Emphasis on educated and experienced staff
- Increase community involvement
- Promote traditional ways rooted in respect for all
- Develop communications framework
- Update Election Code
- Annual Strategic Operational Plan aligned with CCP
- Accountability Framework for Council and staff
- Ongoing comprehensive community planning
- Develop business continuity plan
- Comprehensive emergency measures operations plan
- Align plans with regional and national strategies and visions
- Promote continued educated, fair and accountable leadership

Economy & Education

- Increase land base for Rocky Point
- Access forestry lumber for band projects
- Increase use and investment of renewable resources and energy
- Expand our Community Garden and agriculture business
- Build natural and human resources in our community to promote self-sustainability
- Information sessions on building a sustainable community
- Transportation options
- Food security and production in the community
- More community members having the necessary skills to manage our businesses
- Expand blueberry production
- Keep Fisheries going strong
- Increase employment opportunities for all band members
- Decrease dependence on social assistance
- Increase post-secondary, training and skills development opportunities

Health & Wellness

- Increase healthy community connections
- Activities planned for each community
- Increased understanding of impacts of systematic discrimination and effects
- Continue to support community grown healthy foods
- Support for families facing challenges around well-being
- Increase mental health options and knowledge on resources available
- Positive parenting classes and support for new parents
- Teach youth more about health and safe lifestyle options
- Strengthen addictions support and understanding
- Dentist
- Increase Aboriginal employees
- Increase visiting to Elders



Implementation Framework – Goals & Strategic Direction

We will be working on developing our Implementation Framework in 2018-19. During this process we will be determining how the community and staff will organize ourselves and translate the goals and strategic directions into doable projects that accomplish the community wishes. We have selected some project that we identified for the next 3-5 years. We will be prioritizing these projects, identifying resources required and who will be responsible, establishing a timeline for each project, developing indicators and how the results will be communicated to the community. The Implementation Framework will be developed in a separate document and will be referred to when developing our strategic and operational plans, program-specific plans and annual work plans. This document will be continuously updated as project are completed.

Housing & Infrastructure Development

1. Provide sustainable housing that reflects the needs of our community members.
 - 1.1. Focus on ecofriendly, sustainable and cost-efficient housing that assists all family types.
2. Increase community infrastructure through a coordinated approach that promotes sustainability.
 - 2.1. Develop band-owned infrastructure to promote sustainability in our community.
 - 2.2. Establish a coordinated approach to develop future infrastructure.
 - 2.3. Promote a clean and safe environment.
3. Develop facilities in the community that support our community services, culture, education and business development.
 - 3.1. Increase community infrastructure that promotes fitness and healthy living.
 - 3.2. Promote community-based space for office space, youth and cultural events.
 - 3.3. Increase community infrastructure to promote elders and children in the community.
 - 3.4. Increase community business and entrepreneurs to help build sustainability.

Culture & Community

4. Promote a united community spirit grounded in healing, communication and engagement in the community.
 - 4.1. Increase opportunities for healing and unity.
5. Develop and promote culture through learning experiences and celebration.
 - 5.1. Increase cultural gatherings and events in the community.
 - 5.2. Promote cultural teachings in arts, language, medicines and who we are.
 - 5.3. Promote experiential and learning experiences to build a sustainable community.

Lands & Resources

6. Be leaders in environmental stewardship for Prince Edward Island.
 - 6.1. Invest in promoting our cultural traditions grounded in respect for the land.
7. Continue to support community involvement in sustainable natural resources initiatives.
 - 7.1. Look for ways to develop sustainability of community resources.
8. Develop our sustainable community resources.
 - 8.1. Promote food security and production in the community.
9. Increase land management capacity.
 - 9.1. Promote a clean and beautiful community environment.
 - 9.2. Protect lands, environment and natural resources.



Governance

10. Promote informed community-based decision making.
 - 10.1. Establish governance practices that promote continued fair and accountable leadership.
11. Increase inclusiveness of band members.
 - 11.1. Increase understanding and engagement of community members.
12. Develop comprehensive plans and codes that reflect the current needs of the community.
 - 12.1. Encourage education on governance in our nation.



Economy & Education

13. Develop local lands and infrastructure for economic development.
 - 13.1. Develop land and infrastructure in our communities.
14. Promote education and capacity in community members and staff.
 - 14.1. Promote education and capacity building as a cornerstone to success.
 - 14.2. Increase professional services in our community.
15. Engage in viable economic development opportunities.
 - 15.1. Expand community gardens and fishing industry.
 - 15.2. Increase self-efficiency



Health & Wellness

16. Promote community education and capacity regarding healing and mental wellness.
 - 16.1. Develop community-based resources that encourage and support health and well-being for individuals and families.
17. Strengthen the community's mental health and addictions service delivery capacity
 - 17.1. Increase knowledge on health and mental wellness.
18. Strengthen the community's chronic disease prevention and management capacity
 - 18.1. Increase disease prevention and healthy options
19. Build upon the success of accreditation in order to strengthen the quality of existing programs and services
 - 19.1. Sustain and build upon community-based health services



Monitoring and Evaluation

Council members, staff and the community will use this as their go-to guide when developing any plans or strategic direction for the future of our Nation. This document was developed as a community plan to be implemented as an ongoing process and used to direct our strategic planning in order to accomplish the goals of our community. The CCP should be revisited every 4-5 years. The monitoring and evaluation framework will be developed in 2018-19.



Amendment & CCP Process

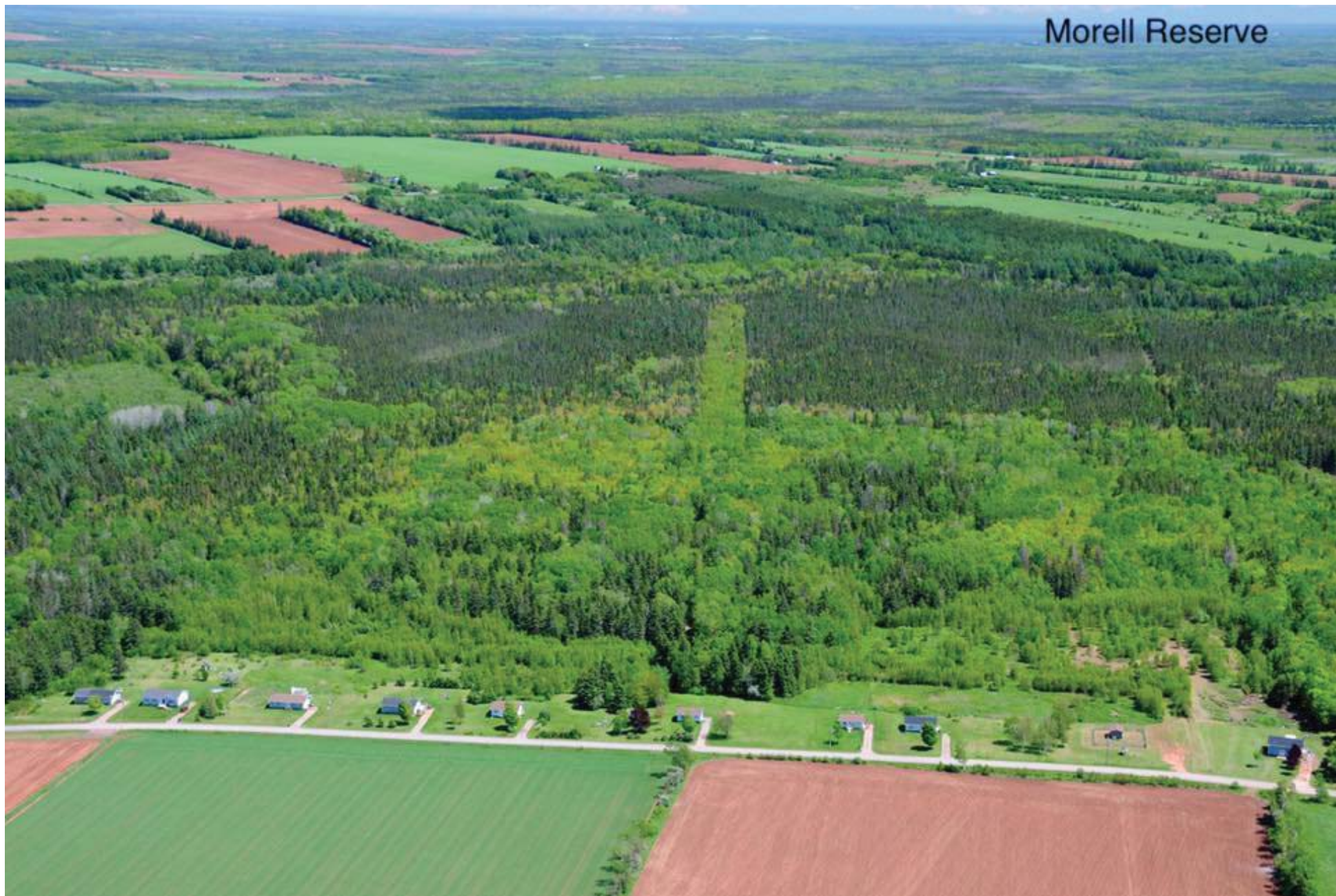
The CCP document is meant to be a living document, updated as needed as an ongoing process.



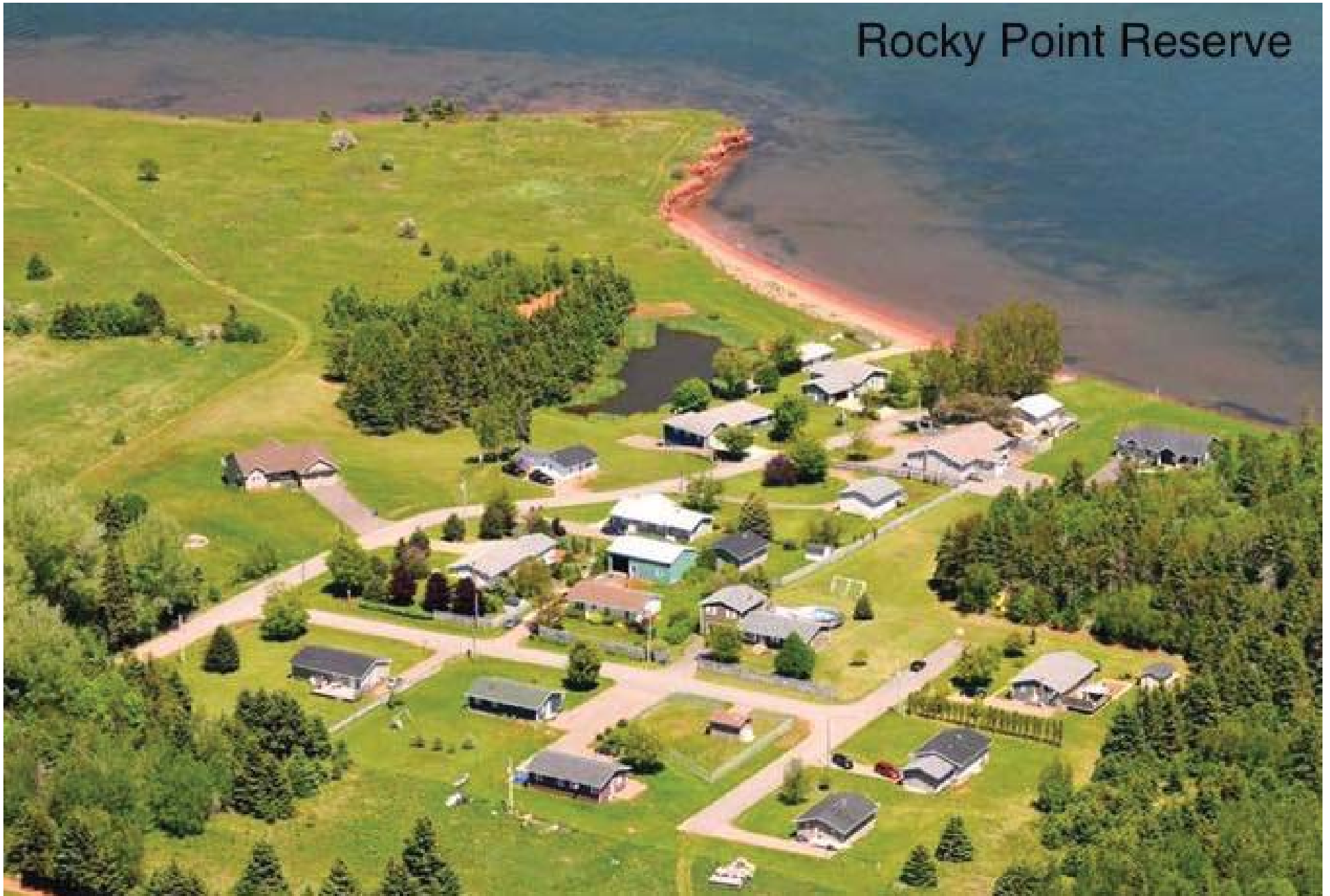
Scotchfort Reserve

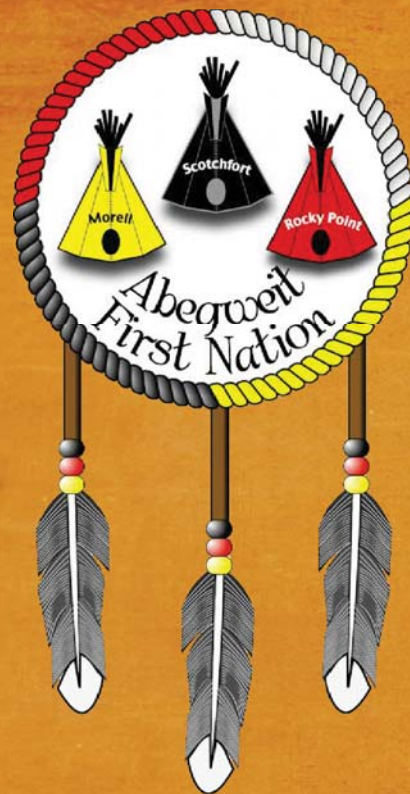


Morell Reserve



Rocky Point Reserve





Abegweit First Nation
31 Kitpu St,
Mount Stewart, PE
C0A 1T0
(902) 676-2353